

Individual Report

Sample Person

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PEARSON

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Self-awareness is the foundation of professional development and growth. Gain insight into your work personality by carefully reviewing this report, which will help you develop a:

- deeper understanding of your strengths and growth opportunities,
- clearer picture of how your behavior impacts others, and
- better appreciation for people's personal styles and how to interact with them effectively.

MODEL OF PERSONALITY

The Golden Personality model is based on four core personality dimensions. Personality is the essence of who you are as a unique individual. It is reflected in what you say, how you feel about yourself, how you act, and how you choose to live your life. Knowing your personality characteristics will help you better understand your actions, feelings, and relationships with others. People typically favor one aspect of each of the following four dimensions. Keep in mind that preferring one versus another aspect is not right or wrong, better or worse. Rather, these preferences indicate ways of behaving that come most naturally to us.

Where you focus your energy

Extraverting: energy directed externally toward people and things. Introverting: energy directed inward toward thoughts and ideas.

How you gather information

Sensing: process information in an exact, detailed, and literal manner. Intuiting: process information in a symbolic and global fashion.

How you make decisions

Thinking: make decisions based on logic and rationality. Feeling: make value-based decisions based on empathy and compassion.

How you approach life

Organizing: planned, organized, and orderly approach. Adapting: open-ended, flexible, and emergent approach.

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YOUR TYPE: ENTZ

Extraverted, iNtuiting, Thinking, organizing

As an ENTZ, your desire is to lead. While other personality types may also be natural leaders, it has been said that an ENTZ cannot NOT lead. Your place is at the head of the crowd, marshaling everyone together and moving the group forward. You are rarely content to quietly stand back. On those occasions calling for you to follow, you do so, as long as you know that doing so will bring you closer to your goal.

Living in a world of thoughts, you are keenly analytical. Analysis and objective criticism are second nature to you. As an ENTZ you often have a hard time understanding or appreciating appeals based on anything other than reasoning. You enjoy long-range planning and taking action. Your vision enables you to spot potential pitfalls far ahead, often beyond what is known and obvious. Your intellectual and curious mind thrives on new ideas, theories, and complex problems.

With superior organizational skills, ENTZs plan for all contingencies, leaving no stone unturned. The systematic style you use to map out the objectives of a project enables you to arrive at your goals on schedule. Your penchant for quick, decisive action often leaves others in the dust. Problems invigorate you. You excel in positions demanding innovative solutions.

ENTZs are quickly disillusioned and unhappy when stifled or over-controlled. You have little patience with uncertainty, timidity, emotionalism, inefficiency, or confusion. Making tough-minded decisions and taking hard actions do not scare you. ENTZs are comfortable with risk and unafraid of change to accomplish tasks. With such tenacity, work and home life easily intertwine. Direct in your dealings with people, you do not beat around the bush, but plunge ahead. You perceive as feedback what other personality types view as criticism. You tend to measure your own value by your accomplishments. However, sometimes you set your personal standards for achievement impossibly high.

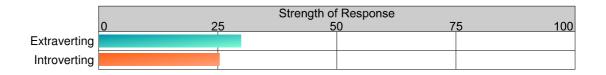
ESTA ESFA ENFA ENFZ There are 16 different personality types. You ar	
an FNT7	е
ESTZ ESFZ ENTA ENTZ	
ISTZ ISFZ INTA INTZ	

Summary of Global Results

Your global results provide insight to how the four different dimensions of your personality work together to form your personality type. The results indicate your level of preference for each of two opposite scales. A strong preference is not necessarily better than a slight preference, or vice versa - the preferences simply indicate how strongly you favor certain behaviors versus others. You may have relatively equal preference, but slightly favor one scale.

Your Type is ENTZ

Where you focus your energy:ExtravertingHow you gather information:iNtuitingHow you make decisions:ThinkingHow you approach life:organiZing



Extraverting

- · focuses attention externally toward people and things
- enjoys being sociable, talkative, and gregarious
- enjoys discussions more than reading
- active rather than reflective

Introverting

- focuses attention inward on thoughts and ideas
- prefers a few close friends to many acquaintances
- · likes to reflect on ideas before sharing them
- needs quiet time away from action and noise

		Strength of	Response	
	0 2	5 5	0 7	5 100
Sensing				
iNtuiting				

Sensing

- processes information in an exact, detailed, and literal fashion
- lives in the present, prefers facts what is known
- focuses on practical issues and topics

iNtuiting

- processes information in a symbolic and global fashion
- lives for the future, prefers theory what is possible
- focuses on big picture issues and topics

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Summary of Global Results

		Strengt	h of Response		
	0	25	50	75	100
Thinking					
Feeling					

Thinking

- makes decisions based on logic and rationality
- prefers to deal in objective reason and logic
- does not get personally involved in his/her decisions

Feeling

- focuses on how a decision will impact others
- makes decisions based on person-centered values
- gets personally involved in his/her decisions

	Strength of Response				
	0	25	50	75	100
organiZing					
Adapting					

organiZing

- prefers an orderly, organized and planned lifestyle
- likes to make decisions and reach closure
- prefers systematic approaches

Adapting

- prefers a flexible, open-ended and emergent lifestyle
- holds off deciding until there is more information
- prefers spontaneity and limited structure

Map of Sixteen Types

Brief descriptions of the sixteen types enable you to see how your personality style differs from others. Keep in mind there are no "good" or "bad" types. The sixteen types can also be grouped into four higher-level clusters called temperaments. The four temperaments show how some personality types are more similar than others. You are an ENTZ and your temperament is NT.

SA Efficient and Resourceful

NF Imaginative and Innovative

ISTA Producing	ISFA Performing	INFA Supporting	I <u>NF</u> Z Foreseeing
 quiet and reserved efficient and expedient keenly observe environment interested in how and why cool observers of life 	 quietly friendly, modest and free spirited loyal followers idealists with high standards keen senses can be totally absorbed in action of the moment 	 deeply caring and idea oriented peacekeepers absorbed in projects encourage growth and development with quiet enthusiasm 	 quietly determined concerned for others' welfare focus inner thoughts on helping others put creative effort into their work
ESTA Promoting	ESFA Entertaining	E <u>NF</u> A Inspiring	ENFZ Mentoring
 adaptable realists who ride with the tide highly observant of surroundings masterful at moving things in their direction enjoy the fast lane 	 warm, friendly, charming, witty hands-on problem solvers enjoy life's simple pleasures life of the party 	 enthusiastic, charming, interesting naturally curious and imaginative know everyone fascinated by relationships around them 	 responsive and responsible outgoing, energetic and sociable catalysts who enjoy drawing out the best in others warmly enthusiastic
ESTZ Supervising	ESFZ Providing	ENTA Improvising	ENTZ Leading
practical and realistic value productivity and	sociable, supportive and	creative, confident thinkers intellectual and outspoken	direct and strategic confident and well-informed
efficiency • enjoy management • excel at bringing order to groups	 warm-hearted active team participant helpful toward others use interpersonal skills to maintain important relationships 	 argue both sides of issues good at juggling many balls 	 frank and decisive natural organization builders and leaders
efficiency enjoy management excel at bringing order to 	 active team participant helpful toward others use interpersonal skills to maintain important 	 argue both sides of issues 	 natural organization

SZ Responsible and Reliable

NT Competent and Visionary

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Likely Strengths

You are likely to possess strengths (i.e., behaviors, skills, and competencies) that are common to your personality type. Review the strengths listed below and note those that are true for you. It is important to identify which strengths come naturally to you, as these are assets that you can leverage in your work environment.

LIKELY STRENGTHS OF AN ENTZ

Contributions to an Organization

- Readily and joyfully tackles confusion and inefficiency.
- Formulates commanding, thoughtful, and precise plans.
- Is highly strategic in choosing the direction for an organization or project.
- Rarely takes no for an answer.
- Excels in environments going through tough times; delights in mental challenges and solving interesting problems.
- Generates results with lots of energy.
- Can be frank, decisive, and tough-minded with people.
- Is unafraid of change.
- Is open to new ideas or strategies that allow moving forward quickly.

Leadership Style

- Generates energy and enthusiasm for work.
- Manages people directly instead of indirectly.
- Objectively approaches situations, goals, and the tasks at hand.
- Focuses on results, accomplishing the long-term vision, and what it will take to get there.
- Is logical, decisive, and unafraid of unpopular decisions and taking risks.

• Wants independent and free-thinking colleagues and employees; seeks to be challenged by others in thinking or

behavior.

• Takes pride in treating people well and utilizing resources to the maximum.

Questions to Consider:

Where can you best use your strengths? In what situations or roles are your strengths most valuable?

You may also have growth opportunities - weaknesses or undeveloped skills - that are common to your personality type. Review the growth opportunities listed below and note which are true for you. Identifying growth opportunities helps you increase self-awareness and minimize blindspots.

GROWTH OPPORTUNITIES FOR AN ENTZ

- Slow down once in a while—mistakes may occur when making decisions too quickly.
- Be sensitive to the needs and imperfections of people; consider others, provide praise, and show appreciation.
- Let other people contribute their leadership ideas.
- Remember to focus on the details, emotions, and values.
- Take into account all sides before making a decision.

Questions to Consider:

Recall situations where you could have been more effective. What could you have done differently? How will new skills change your work performance?

PERSONAL NOTES

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Effective work environments are based on effective communication and team work. The communication style and team preferences listed below are typical of your type. Consider whether they are true for you.

COMMUNICATION STYLE

- Speaks with energy, excitement, and enthusiasm.
- Replies quickly with impromptu responses.
- Prefers communicating about issues in person rather than through writing.
- Demonstrates brevity, preciseness, succinctness, and analysis in all communications.
- Is direct and to the point, and becomes impatient with extraneous details.
- Demonstrates pleasure in deliberating the pros and cons of various options.
- Persuades through cool, logical reasoning, rather than emotions or personal values.
- Persuades with objective passion, decisiveness, and a logical ordering of the facts.

TEAM PREFERENCES

- Brings total dedication to a project.
- Contributes by focusing on the long-term, being goal-oriented, and delivering results.
- Is adept at finding flaws in proposed solutions.
- Sometimes appears too overpowering or controlling to other team members.
- Becomes irritated when others do not display the same level of commitment toward time.
- Is not interested in discussing an issue after closure has been reached.
- Is frustrated by anything that wastes time, resources, and does not contribute to the goal.

Questions to Consider:

When is your communication style most effective? Least effective? What do you contribute to a team? How could you be more effective?

Motivation and Learning

Your motivation is what drives your work satisfaction and productivity. Understanding your motivation enables you to seek situations or tasks that best fit your personality. Learning style preferences help you recognize how you learn best. Below are motivators and preferred learning styles associated with your type. Review each and consider whether they are true for you.

MOTIVATORS

- Enjoys situations requiring tough-mindedness, strategy, and a long-term focus.
- Seeks out opportunities to acquire more knowledge.
- Thrives when his or her hunger for problem solving is satisfied.
- Prefers situations where his or her vision is implemented.
- Seeks efficient systems and people, or the opportunities to create such.
- Avoids situations where his or her freedom to marshal people, forces, and resources together is missing.

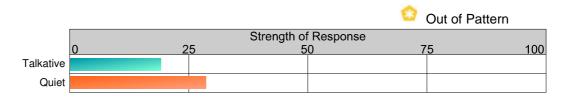
PREFERRED LEARNING STYLE

- Prefers for learning to be a major way to move a career forward.
- Looks for action and variety in the classroom; is interested in how information will affect the future.
- Learns best with an instructor who is well organized.
- Enjoys debate and verbal critiques of his or her work.

Questions to Consider:

In your current work, when are you most motivated? Least motivated? How do you learn best?

YOUR EI FACET RESULTS



Talkative: animated and expressive; sociable and gregarious; opens up to others. **Quiet:** calm and serene; private and personal; hesitant to self-disclose or show feelings.

				😂 Out of Pat	ttern
			Strength of Response	Э	
	0	25	50	75	100
Socially Bold					
Reserved					

Socially Bold: friendly and outgoing; initiates conversations; comfortable leading; likes public speaking. **Reserved:** shy and retiring; prefers others to initiate; follows others' lead; dislikes public speaking.



Outgoing: has a wide circle of friends; dislikes working alone; enjoys meeting many people. **Intimate:** has a few close friends; enjoys working alone; can concentrate for long periods of time.

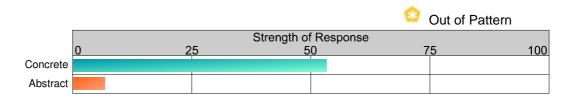
	Strength of Response				
	0	25	50	75	100
Participative					
Reflective					

Participative: active and energetic; seeks stimulating activities; prefers to learn through discussion. **Reflective:** values peace and quiet; needs solitude to reflect and recharge; prefers to learn by reading.

Out of Pattern: Each facet has two opposite scores. For a given facet, you may favour a scale that is opposite to what you might expect based on your global results. These "Out of Pattern" preferences help you gain insight into your unique way of expressing your type.

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YOUR SN FACET RESULTS



Concrete: deals with tangible facts and "what is" rather than "what could be"; likes to work out details. **Abstract:** enjoys ideas and possibilities; values imagination; bored by details.

		Strength o	f Response	
	0 2	25 5	· ^	75 100
Practical				
Innovative				

Practical: prefers established methods to achieve end results; dislikes improvising. **Innovative:** likes variety and new ideas; enjoys resolving a crisis with a novel solution.

	Strength of Response				
	0	<u>25 5</u>	50 7	5 100	
Conventional					
Visionary					

Conventional: values customs and traditions; follows accepted practices; dislikes standing out. **Visionary:** values inspiration, uniqueness, and originality; comfortable appearing unconventional.

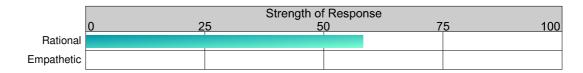
	Strength of Response				
	0 2	25 5	0 7	5 100	
Traditional					
Trendsetting					

Traditional: predictable and established; careful with facts; opposes changes for sake of change. **Trendsetting:** focuses on change and the big picture; seeks new trends; becomes bored with routine.

Out of Pattern: Each facet has two opposite scores. For a given facet, you may favour a scale that is opposite to what you might expect based on your global results. These "Out of Pattern" preferences help you gain insight into your unique way of expressing your type.

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YOUR TF FACET RESULTS

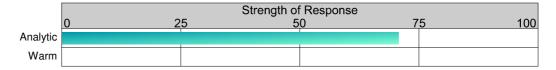


Rational: decisions based on logical analysis; impersonal problem solving style.

Empathetic: decisions based on values and person-centered principles; empathetic problem solving style.

	Strength of Response				
	0 2	25	50	7 <u>5 100</u>	
Autonomous					
Compassionate					

Autonomous: fair, impartial, objective, and independent; more task- than relationship-oriented. **Compassionate:** considers feelings, beliefs and needs of others; more relationship- than task-oriented.



Analytic: values logic and scientific principles in decision making; analytical style. **Warm:** values warmth and compassion in decision making; personable style.

			Strength of Response		
	0	25	50	75	100
Competitive					
Nurturing					

Competitive: critical, skeptical, tough-minded style; enjoys a good argument. **Nurturing:** cooperative, accepting and supportive style; prefers harmony and dislikes confrontation.

YOUR ZA FACET RESULTS



Planned: likes schedules and closure; emphasizes planning, anticipating contingencies, and organization. **Open-Ended:** likes working things out as they unfold; emphasizes adaptability and flexibility.

	Strength of Response								
	0 2	5 5	0 7	5 100					
Reliable									
Casual									

Reliable: punctual, responsible, orderly; early starter who gets things done.

Casual: comfortable with diversions; energized by deadlines; procrastinates; works well under pressure.

	Strength of Response								
	0 2	25 5	0 7	5 100					
Deliberate									
Spontaneous									

Deliberate: exact, cautious, risk-avoidant, and goal-oriented; prefers a settled, non-impulsive lifestyle. **Spontaneous:** changeable and opportunistic; comfortable taking risks; sometimes impulsive.

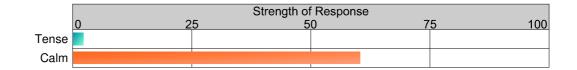
			Strength of	fResponse		
	0	25	5	0	75 100	1
Conforming						
Nonconforming						

Conforming: prefers security, stability and structure; most effective with clear goals and direction. **Nonconforming:** prefers freedom to develop own rules and goals; works effectively without structure.

Response to Daily Stressors

It is important to understand how you respond to stress in your daily life. Your results on the global and facet scales indicate how you typically react to stress.

TENSE VS. CALM GLOBAL SCALES



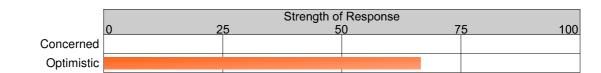
Tense

- unsure and cautious
- uncertain about the likely consequences of actions
- worries about things that cannot be changed
- concerned about the opinions of others

Calm

FACET SCALES

- optimistic and self-confident
- unconcerned about what others think
- · calm and relaxed where others might be worried
- does not dwell on things that cannot be changed



Concerned: worries about the future and unpredictable events; takes insensitive remarks personally. **Optimistic:** comfortable being in unfamiliar or unpredictable situations; shrugs off insensitive comments.

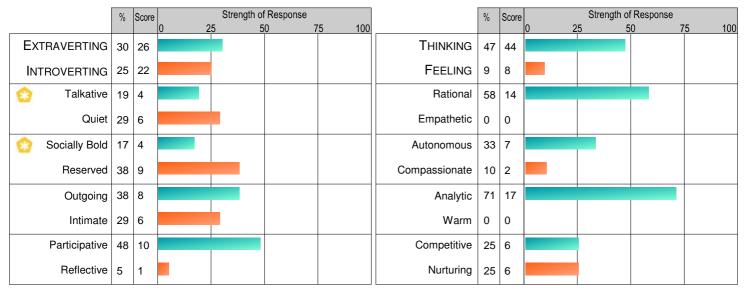
	Strength of Response							
	0 2	25 5	0 7	<u>100</u>				
Unsure								
Confident								

Unsure: hesitant, easily embarrassed, and relatively concerned about what others may think. **Confident:** decisive, confident, and relatively unconcerned about what others may think.

Summary Report

ENERGY DIRECTION

DECISION MAKING

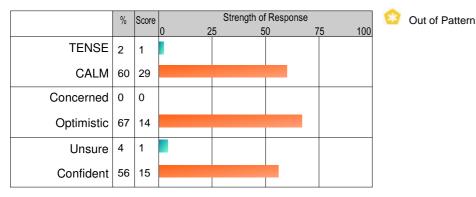


INFORMATION GATHERING

LIFESTYLE ORIENTATION

	%	Score	Strength of Response			%	Score	Strength of Response					
			0 2	5 5	0 7	75 100				0 2	5 5	0 7	5 100
SENSING	21	19					ORGANIZING	40	43				
INTUITING	26	23					ADAPTING	15	16				
Concrete	53	16					Planned	37	10				
6 Abstract	7	2					Open-ended	22	6				
Practical	8	2					Reliable	53	19				
Innovative	46	11					Casual	11	4				
Conventional	5	1					Deliberate	22	6				
Visionary	14	3					Spontaneous	19	5				
Traditional	0	0					Conforming	44	8				
Trendsetting	47	7					Nonconforming	6	1				

RESPONSE TO DAILY STRESSORS



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